

AED INFO

The health and safety of our members is important to the future of Carpathia. Within the last year Carpathia has purchased a life saving device, an Automatic External Defibrillator (AED). Heart disease continues to take the lives of many we know and love. Being able to help another person during a medical emergency is vital to ones life.

Many people may be familiar with this monitor from the news, TV programs, local businesses or perhaps even your child's school. An AED is a lap top sized monitor allowing for easy use during a life threatening emergency, an example would be ANY unconscious person. The heart rate and rhythm is read by the AED pads attached to the bare skin. If an individual is in an unsafe heart rhythm the monitor will instruct the responder what to do. This monitor will not harm a person; you CAN NOT hurt a person when using this. Yes a shock may be given to the person, but only if needed. The responder (the one using the monitor) can NOT give a shock to someone unless the monitor decides it is needed.

Where is this monitor? When would you need it? Is it okay for anyone to use it?...Good questions.

The monitor is hung in an alarmed white cabinet outside the members bar. The AED should be attached to ANY unconscious person. Carpathia has already trained many key individuals in how to use this AED, as well as in cardiopulmonary resuscitation (CPR) and First Aid. In the United States we are all covered by the Good Samaritan Law when helping others in a medical emergency if help is needed. Members and non-members can use the AED monitor, it has been called "idiot proof" by the Wall Street Journal.

Hopefully the AED will never be used or needed but having it available can help save a person 80 percent of the time. Helping an unconscious person as fast as possible can make a difference.

Any questions regarding the AED or health and safety please contact me at kuhlmanne@cintas.com or office 734-459-6250.

Have a safe and happy holiday!
~ Erika Kuhlmann ❁



An Invitation to our Dirndl Ball

by Adam Medel

On Saturday, February 19, 2005 we will have our first Dirndl Ball at Carpathia. So, now I am being asked: "Was ist das? Was ist ein Dirndl Ball?" I have decided to answer these questions in the newsletter, rather than individually. We all know what a Dirndl is, right? We know that it comes in many different styles, colors and variations. Every country, county and rural area in Europe seems to have its own Dirndl, indicative of and unique to their area.

Since we will not have our Trachtenfest this year, we hope to introduce as many different Dirndls as possible – from the uniquely homemade ones to the most expensive ones, purchased in Europe's Trachtenhausen. Dirndls are now very IN for the fashion conscious. The wearing of a dirndl is generally regarded as a sign of national pride. The most popular dirndls come from Bavarian and Austrian dirndl dress designers.



The Dirndl presents charming femininity combined with tradition, copied from the Trachten of the various areas. Originally, the Dirndl was the working dress of female servants (Austrian "Dirn" or maid), but in today's society it represents pure glamour. The Dirndl combines

Tradition and Trend. It consists of a top or vest (Austrian: Leibl) a blouse, a wide skirt and a colorful apron. With finely tex-



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